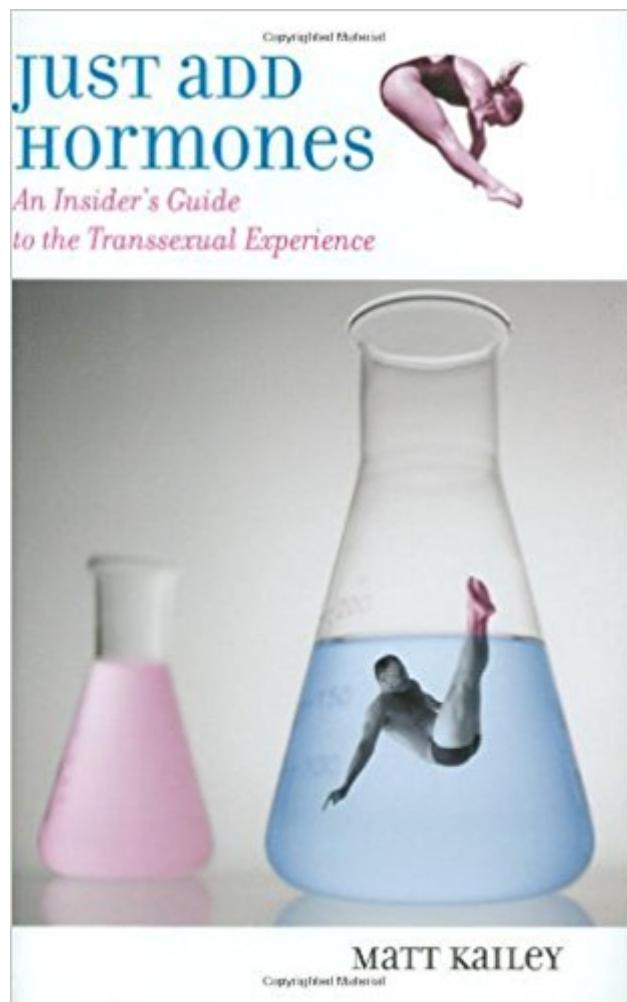


The book was found

Just Add Hormones: An Insider's Guide To The Transsexual Experience



Synopsis

Matt Kailey lived as a straight woman for the first forty-two years of his life. Though happy as a social worker and teacher, he knew something wasn't right. Then he made some changes. With the help of a good therapist, chest surgery, and some strong doses of testosterone, Kailey began his journey toward becoming a man. As his body morphed and his voice dropped, Kailey began noticing subtle shifts in the way he was treated. Men suddenly stopped offering to change flat tires for him but insisted on talking to him about women and bodily functions. Women got nervous when he baby-talked to their infants but routinely asked him to move heavy things around the office. In these everyday exchanges, Kailey recognized the many ways we define what it means to be male. He also realized that, with few role models, he had to learn to accept himself as a person between two genders. As he writes about his transition from female to male, Kailey answers all the questions you've ever had about what it's like to live as a transsexual. From the fear of public restrooms to deciding whether to "pack" his pants, Kailey explains what the world looks like from his new vantage point-a position more people are discovering as gender transitions become increasingly common. More than a memoir, *Just Add Hormones* is full of sound advice for those who may be questioning their gender. And through his story, Kailey offers valuable insights to the families and friends of those who have started a transition. Funny, fresh, and incredibly candid, *Just Add Hormones* can help us all consider-and even laugh at-our own notions of what it means to be a man or a woman.

Book Information

Hardcover: 184 pages

Publisher: Beacon Press (June 15, 2005)

Language: English

ISBN-10: 0807079588

ISBN-13: 978-0807079584

Product Dimensions: 5.7 x 0.8 x 8.7 inches

Shipping Weight: 10.4 ounces

Average Customer Review: 4.8 out of 5 stars See all reviews (24 customer reviews)

Best Sellers Rank: #1,220,340 in Books (See Top 100 in Books) #159 in Books > Biographies & Memoirs > Specific Groups > LGBT > Transgender #323 in Books > Gay & Lesbian > Nonfiction > Transgender #2204 in Books > Politics & Social Sciences > Social Sciences > Specific Demographics > Gay & Lesbian

Customer Reviews

Denver transman Matt Kailey and I must be about the same age, but we came to this space of manhood by such different paths. I picked up his book in order to help myself navigate my way around the many brilliant and varied genders of San Francisco, where every other person you meet on the scene is doing something about gender, not just sitting there and taking it. Consequently, as Kailey realizes, we sometimes don't know even the basic rules of etiquette when it comes to this new frontier. And, in addition, I was drawn by the pastel cover illustration, so apt and so clever. You might not be able to see it well in the reduced image but when you get the book you'll see it's apparently a woman diving into a large chemical test tube vat thing of a pearly blue liquid, and there's a man in it, his pose diametrically opposite and yet strangely synchronous to the woman above him. This is an allegory, I suppose, for Kailey's life, which changed gradually and organically and now he is--well, what? "What's in a name" indeed, that becomes one of the chapters, one that tells us, in simple to follow anecdotes and stories, how even the terms that we use to describe others and especially ourselves are like windows that open out into the light, or else separate us from the outside world. Actually Kailey argues against the notion of the opposite, If it weren't for our fixation with binary gender style, so that "men" and "women" are supposed to be complete 180 degree opposites of each other, we wouldn't be in the terrible social mess we are now. So maybe that front cover image isn't so cool after all. He compares a particularly trying part of his transition to that "gray zone" that you get between sleeping and being awake.

[Download to continue reading...](#)

Just Add Hormones: An Insider's Guide to the Transsexual Experience Healing ADD: The Breakthrough Program that Allows You to See and Heal the 6 Types of ADD Autism: 44 Ways to Understanding- Aspergers Syndrome, ADHD, ADD, and Special Needs (Autism, Aspergers Syndrome, ADHD, ADD, Special Needs, Communication, Relationships) Whipping Girl: A Transsexual Woman on Sexism and the Scapegoating of Femininity Manning Up: Transsexual Men on Finding Brotherhood, Family, and Themselves Insider's Guide to Graduate Programs in Clinical and Counseling Psychology: 2016/2017 Edition (Insider's Guide to Graduate Programs in Clinical & Counseling Psychology) The Ultimate Dehydrator Cookbook: The Complete Guide to Drying Food, Plus 398 Recipes, Including Making Jerky, Fruit Leather & Just-Add-Water Meals Fashion Design: Gorgeous coloring books with more than 120 pull-out illustrations to complete (Just Add Color) Nail Art: Gorgeous Coloring Books with More than 120 Pull-out Illustrations to Complete (Just Add Color) Just Add Color: Day of the Dead: 30 Original Illustrations To Color, Customize, and Hang Just Add Color: Mid-Century Modern Animals: 30 Original Illustrations To Color, Customize, and Hang Just Add Color: Mid-Century Modern Mania: 30 Original Illustrations To Color, Customize, and Hang Just

Add Color: Flora and Fauna: 30 Original Illustrations to Color, Customize, and Hang - Bonus Plus 4 Full-Color Images by Lisa Congdon Ready to Display! Butterflies: Gorgeous coloring books with more than 120 pull-out illustrations to complete (Just Add Color) Realistic Animals Vol. 2 - Just Add Color: A Stress Management Coloring Book For Adults Thinner in 30: Small Changes That Add up to Big Weight Loss in Just 30 Days Irreligion: A Mathematician Explains Why the Arguments for God Just Don't Add Up Just Add Color: Mid-Century Modern Patterns: 30 Original Illustrations To Color, Customize, and Hang Just Add Puppets: 20 Instant Puppet Skits for Children's Ministry Wall Street's Just Not That Into You: An Insider's Guide to Protecting and Growing Wealth

[Dmca](#)